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Ethiopia

The following provides a summary of specific guidelines from the country's national guidance strategy. Use the jump links in yellow to access details on first-, second-, and third-line treatment regimens by patient population, in accordance with the WHO guidelines. This summary can be downloaded or e-mailed to yourself or a colleague. The original country guidance document can also be found below the jump links for download.

Patient Population [Download summary page as PDF](#) [E-mail this page](#)

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- [Adults and Adolescents](#)
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-  [Guidelines for Management of Opportunistic Infections and Antiretroviral Treatment in Adolescents and Adults in Ethiopia \(PDF / 4 MB\)](#)

Adults and Adolescents

Year Issued:

2013* *second line from 2008 guidelines as the 2013 only updated first line

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

- HIV infection with CD4 count less than or equal to 500 cells/mm³ should be started on HAART irrespective of WHO clinical stage.
- HIV infection and WHO clinical stage 3 and 4 (severe or advanced HIV clinical stage) should be started on HAART irrespective of CD4 cell count.
- HIV infection and Active TB disease irrespective of CD4 cell count

NB. All Adult and adolescents should obtain CD4 cell count every six months including those with WHO stage 1 and 2 HIV infections.

Regimen Options:

First Line:

Preferred:

TDF+3TC+EFV as a fixed dose combination

Second

Line:

AZT ± 3TC + LPV/r or ATV/r

or

AZT + ABC + LPV/r or ATV/r

Third Line:

Not specified.

First Line:

Alternatives:

AZT+3TC+EFV

AZT+3TC+NVP

TDF+3TC+NVP

Second

Line:

TDF + 3TC ± AZT + LPV/r or ATV/r

or

ABC + ddl +LPV/r or ATV/r

Third Line:

Not specified.

Reference:

Guidelines For Management Of Opportunistic Infections And Anti Retroviral Treatment In Adolescents And Adults In Ethiopia (2008) Ethiopia - Technical Updates On Adopted Recommendations On Adolescent And Adult Anti-Retroviral Treatment (2013)

Pregnant Women

Year Issued:

2013

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

Start HAART with the following regimen to all HIV positive pregnant mothers irrespective of their CD4 count

Regimen Options:

First Line:

Preferred:

TDF +3TC + EFV

Alternative:

AZT +3TC +EFV

Third Line:

Not specified.

Reference:

Guidelines For Management Of Opportunistic Infections And Anti Retroviral Treatment In Adolescents And Adults In Ethiopia (2008) Ethiopia - Technical Updates On Adopted Recommendations On Adolescent And Adult Anti-Retroviral Treatment (2013)

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