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Malawi

The following provides a summary of specific guidelines from the country's national guidance strategy. Use the jump links in yellow to access details on first-, second-, and third-line treatment regimens by patient population, in accordance with the WHO guidelines. This summary can be downloaded or e-mailed to yourself or a colleague. The original country guidance document can also be found below the jump links for download.

Patient Population [Download summary page as PDF](#) [E-mail this page](#)

Suggest Updates

- [Adults and Children 5 years or Older](#)
- [Children 12 - 60 Months](#)
- [Infants Under 12 Months](#)
- [Pregnant Women](#)

-  [Clinical Management of HIV in Children and Adults - Malawi \(PDF / 8 MB\)](#)

Adults and Children 5 years or Older

Year Issued:

2014

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

Confirmed HIV infection (HIV rapid antibody test) and

- Pregnant or breastfeeding women (regardless of the age of the child) regardless of WHO stage and CD4 count or
- WHO stage 1 or 2 and CD4 less than or equal to 500 cells/mm³ or
- WHO clinical stage 3 or 4 regardless of CD4 count

Regimen Options:

First Line:

ABC + 3TC + NVP

d4T + 3TC + NVP

Standard for children and adults under 35kg: AZT + 3TC + NVP

d4T + 3TC + EFV

AZT + 3TC + EFV

Standard for children and adults 35kg+: TDF + 3TC + EFV

TDF +3TC + NVP

Second

Line:

TDF + 3TC + ATV/r

or

AZT + 3TC + ATV/r

Third Line:

3rd line regimen is currently not supplied in the National Program.

Reference:

Clinical Management of HIV in Children and Adults Malawi Integrated Guidelines for Providing HIV Services in: Antenatal Care, Maternity Care, Under 5 Clinics, Family Planning Clinics, HIV Exposed Child / Pre-ART Clinics, ART Clinics (2014)

Children 12 - 60 Months

Year Issued:

2014

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

Confirmed HIV infection (HIV rapid antibody test or DNA-PCR), regardless of WHO stage and CD4 count

Regimen Options:

First Line:

ABC + 3TC + NVP

d4T + 3TC + NVP

AZT + 3TC + NVP

d4T + 3TC + EFV

AZT + 3TC + EFV

Second

Line:

TDF + 3TC + ATV/r

or

AZT + 3TC + ATV/r

Third Line:

3rd line regimen is currently not supplied in the National Program.

Reference:

Clinical Management of HIV in Children and Adults Malawi Integrated Guidelines for Providing HIV Services in: Antenatal Care, Maternity Care, Under 5 Clinics, Family Planning Clinics, HIV Exposed Child / Pre-ART Clinics, ART Clinics (2014)

Infants Under 12 Months

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

Confirmed HIV infection (DNA-PCR needed) regardless of WHO stage and CD4 count or CD4%

Regimen Options:

First Line:

ABC + 3TC + NVP

d4T + 3TC + NVP

AZT + 3TC + NVP

d4T + 3TC + EFV

AZT + 3TC + EFV

Second

Line:

TDF 300mg / 3TC 300mg + ATV/r 300/100

or

AZT 300mg / 3TC 150mg + ATV/r 300/100

Third Line:

3rd line regimen is currently not supplied in the National Program.

Reference:

Clinical Management of HIV in Children and Adults Malawi Integrated Guidelines for Providing HIV Services in: Antenatal Care, Maternity Care, Under 5 Clinics, Family Planning Clinics, HIV Exposed Child / Pre-ART Clinics, ART Clinics (2014)

Pregnant Women

Year Issued:

2014

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

First Trimester:

As soon as possible

Pregnant or breastfeeding woman (regardless of the age of the child) regardless of WHO stage and CD4 count

In labour (new HIV+)

As soon as possible

Regimen Options:

First Line:

TDF + 3TC + EFV

In labour: TDF + 3TC + EFV

Second

Line:

TDF + 3TC + ATV/r

or

AZT+ 3TC + ATV/r

Third Line:

3rd line regimen is currently not supplied in the National Program.

Reference:

Clinical Management of HIV in Children and Adults Malawi Integrated Guidelines for Providing HIV Services in: Antenatal Care, Maternity Care, Under 5 Clinics, Family Planning Clinics, HIV Exposed Child / Pre-ART Clinics, ART Clinics (2014)

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