INTRODUCTORY REMARKS – ADHERENCE – A STICKY PROBLEM?

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THE LANDSCAPE

Adolescents lowest adherent group (Hudelson & Cluver)

AIDS single greatest cause of adolescent death (UNAIDS)

Absence of evidence based interventions
(Systematic review exhaustive searches - Hudelson & Cluver, MacPherson et al 2015, Vreeman et al 2008)
Ramifications

Drivers?

- Structural
- Behavioural
- Psychological
- Practical
- Medical
- Environmental
- Stigma
- Side effects
- Fear
- Misunderstanding
- Poor service
- Drug stock out
- Clinic access

Adolescent adherence

Viral resistance

- Transmission
- Risk
- Second line treatment
- Cost escalation
- Illness/death

Treatment failure

Transmission risk

Cost escalation

Illness/death

Fear

Misunderstanding

Poor service

Drug stock out

Clinic access

Side effects

Stigma

Psychological

Practical

Medical

Environmental

Structural