



**INTRODUCTORY  
REMARKS –  
ADHERENCE – A  
STICKY  
PROBLEM?**

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# THE LANDSCAPE

Adolescents  
lowest  
adherent  
group  
(Hudelson &  
Cluver)

AIDS single  
greatest cause  
of adolescent  
death (UNAIDS)

Absence of  
evidence  
based  
interventions

(Systematic review  
exhaustive searches  
- Hudelson & Cluver,  
MacPherson et al  
2015, Vreeman et al  
2008)

# RAMIFICATIONS



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- Structural
- Behavioural
- Psychological
- Practical
- Medical
- Environmental
- Stigma
- Side effects
- Fear
- Misunderstanding
- Poor service
- Drug stock out
- Clinic access

