## COUNSELOR SUPPORTED DISCLOSURE INTERVENTION – SOP FOR SERVICE PROVIDERS

1. **Welcome clients**
2. **Introduce self and confirm the nature of the relationship**
3. **Enquire about reason for coming for the session E.g. How would you like me to assist you today?**

<table>
<thead>
<tr>
<th>Option A: Index client discloses in presence of counselor</th>
<th>Option B: Counselor discloses in presence of index client</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Options A&amp;B are applicable both where the facilitating counselor is the one who tested the index client or where a different counselor tested the index client. They are also applicable if the counselor visited the client for HTC at home.</strong></td>
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</tbody>
</table>

4. **Confirm that the index client would like to disclose about his/her HIV status as per earlier test results.**  
   *(If you are not the counselor who tested, confirm test results from the MOH, 362)*

5. **Check with the invitee if he/she is ready to know the HIV status of the index partner**

6. **Answer and respond to all questions and concerns from the invitee and index clients have**

7. **Enquire if invitee knows his/her HIV status. If not discuss benefits of knowing self and partner’s HIV status-encourage testing.**  
   - If already knows of his/hers HIV status, enquire if he/she would like to share the last test results with the index partner  
   - Discuss last time tested and possible exposure

8. **Discuss the implications of possible HIV positive or negative concordance & discordance status between the two.**

9. **Check if the index client is ready to disclose HIV status and invite him or her to disclose and confirm to the partner that is the correct status.**

10. **Check for understanding of the status disclosed and address concerns or questions arising**

11. **Check the invitee readiness for testing and disclosure to the index client**  
    If ready conduct the test as per standard procedure

**NB:** Clients who wish to return with partners anonymously should be treated as such. This can be documented in the HTC Lab register remark column.