



Basic Life Support

1 Danger



Ensure the area is safe for you, the patient, and others.

2 Response



Check for response by asking the patient their name and squeezing their shoulders.

RESPONSE	NO RESPONSE
Make comfortable Monitor response	Proceed to Step 3

3 Referral



Have a colleague organize referral transportation and call referral hospital so they anticipate the arrival of the patient.

4 Airway



Open mouth – Check for foreign material.

NO FOREIGN MATERIAL	FOREIGN MATERIAL IN MOUTH
Leave patient laying on back. Open airway by tilting head with chin lift.	Place patient in recovery position with mouth slightly downward and clear airway with fingers.

5 Breathing



Check for breathing – Look, listen, and feel.

NORMAL BREATHING	NOT NORMAL BREATHING
Make comfortable and monitor breathing and responsiveness.	Proceed to Step 6 Start CPR

6 CPR



Start CPR – 30 chest compressions, 2 breaths, repeat.

Continue CPR until patient is transferred for advanced life support in a specialized center or until the patient recovers.

IF NEEDED, PLEASE NOTE THE FOLLOWING:
Get help to administer IV Adrenaline from anaesthetist or someone with experience in administering this drug.
Apply defibrillator if you have been trained in using it and it is available.