STAR/VMMC IPC Session Flow

1. Opening
   (a) Good morning/Afternoon/Evening,

   How are you today?

   My name is (CBD’s Name); May I know your names too?

   I come from (Local facility name under Ministry of Health) which is working in collaboration with Society for Family Health to improve the health of the people of Zambia. Currently we are implementing Voluntary Medical Male circumcision and HIV testing projects in our community/area. May I have few minutes of you time to discuss these topics with you?

   (Continue if the clients agrees; request to meet some other time if they are busy)

   Thank the client

   (b) Build Rapport and make conversation natural (talk about unrelated topics such as army worms if it’s rain session, weather, etc. to easy the client’s mind).

2. Initiating the discussion
   (a) Thank you for this opportunity, I would like us to continue; am here to discussion with you on matters of health, and in particular Voluntary Medical Male Circumcision (VMMC) to start with.

   (b) But before we continue, may I know; are you circumcised?

   If” YES” skip to 2(c); if “NO”, thank the Client and ask; what do you know about VMMC/ what have you heard about VMMC? Thank the
client for their answer/contribution, and lead the discussion through following topics.

✓ Define VMMC
✓ Discuss the benefits
✓ Discuss the procedure, healing process
✓ Summarize by reminding the client of key point discussed and ask a change question “based on our discussion, what do you think about going for VMMC?
✓ If “YES”, may I take some of your information for recording purpose, like your names, address etc., is it alright with you? And book/refer for VMMC services,[then skip to 3(a)]
(c) If “YES” to question 2b, ask “did you do an HIV test? If Yes, How long ago? (if within three months, thank the client and make appropriate appointment)
(d) If they tested more than three months ago/or NO (did not test); ask if they would like to test for HIV/retest?

3. HIV Testing/HIVST
(a) If “NO” to 2d, or referred for VMMC (in 2b), ask “is it ok to discuss the benefits of knowing one’s HIV status?” if NO, thank the client and assure them of your availability if they wanted information on HIV prevention and testing.

(e) If YES to 2d (to test or re-test or want to discuss HIV testing), ask the client “what do you know about HIV testing?” If they don’t know anything, thank the client. Then explain what
HIV testing is all about, discuss the types of HIV testing and introduce HIVST. Facilitate the discussion through the following:

- Define HIVST and discuss its benefits
- Use the flipchart and actual kit to demonstrate how the test is done.
- Discuss linkage to care and the importance of returning the used kit to drop box located in the area or facility.

4. Summary/Closing

(a) Ask the client if they are clear about what you have discussed. If NO, clarify areas/ information gaps; if YES, ask follow up questions to see if they can remember some of the key issues, if possible allow them to demonstrate how the testing is done briefly.

(b) If ALL is clear, ask a change question, “Based on our discussion, what do you think about knowing your status by conducting an HIVST?”

(c) If “NO” to 4b, thank the client and if possible make fresh appointment.

(d) If “YES” to 4b, fill in the CIF, register, return test card, referral, envelop. Give the test kit to the client and emphasize on returning the used test kit card to the collection box/ CBD’s collection points (CBDs to be directed on how to deal with data collection tools).

(e) Thank the client and assure them of your support.

Close the session by thanking the client for their time.