

## STAR/VMMC IPC Session Flow

### **1. Opening**

(a) Good morning/Afternoon/Evening,

How are you today?

My name is (**CBD's Name**); May I know your names too?

I come from (**Local facility name under Ministry of Health**) which is working in collaboration with **Society for Family Health** to improve the health of the people of Zambia. Currently we are implementing Voluntary Medical Male circumcision and HIV testing projects in our community/area. **May I have few minutes of your time to discuss these topics with you?**

(Continue if the clients agrees; request to meet some other time if they are busy)

Thank the client

(b) Build Rapport and make conversation natural (**talk about unrelated topics such as army worms if its rain session, weather, etc. to easy the client's mind**).

### **2. Initiating the discussion**

(a) Thank you for this opportunity, I would like us to continue; am here to discussion with you on matters of health, and in particular **Voluntary Medical Male Circumcision (VMMC) to start with.**

(b) But before we continue, may I know; **are you circumcised?**

If "YES" skip to 2(c); if "NO", thank the Client and ask; **what do you know about VMMC/ what have you heard about VMMC?** Thank the

client for their answer/contribution, and lead the discussion through following topics.

- ✓ Define VMMC
- ✓ Discuss the benefits
- ✓ Discuss the procedure, healing process
- ✓ Summarize by reminding the client of key point discussed and ask a change question” ***based on our discussion, what do you think about going for VMMC?***
- ✓ If “YES”, “ may I take some of your information for recording purpose, like your names, address etc., is it alright with you? And book/refer for VMMC services,[**then skip to 3(a)**]
- (c) If “YES” to question 2b, ask “***did you do an HIV test?*** If Yes, *How long ago?* (if within three months, thank the client and make appropriate appointment)
- (d) If they tested more than three months ago/or **NO** (did not test); ask if they would like to test for HIV/retest?

### **3. HIV Testing/HIVST**

- (a) If “**NO**” to **2d**, or referred for VMMC (**in 2b**), ask “***is it ok to discuss the benefits of knowing one’s HIV status?***” if NO, thank the client and assure them of your availability if they wanted information on HIV prevention and Testing.
- (e) If **YES** to **2d** (**to test or re-test or want to discuss HIV testing**), ask the client “***what do you know about HIV about HIV testing?***” If they don’t know anything, thank the client. Then ***explain what***

***HIV testing is all about, discuss the types of HIV testing and introduce HIVST. Facilitate the discussion through the following;***

- ✓ Define HIVST and discuss its benefits
- ✓ Use the flipchart and actual kit to demonstrate how the test is done.
- ✓ Discuss linkage to care and the importance of returning the use kit to drop box located in the area or facility.

#### **4. Summary/Closing**

**(a)** Ask the client if they are clear about what you have discussed. If NO, clarify areas/ information gaps; if YES, ***ask follow up questions to see if they can remember so of the key issues, if possible allow them to demonstrate how the testing is done briefly.***

**(b)** If ALL is clear, ask a change question, **“Based on our discussion, what do you think about knowing your status by conducting an HIVST?”**

**(c)** If **“NO”** to **4b**, thank the client and if possible make fresh appointment.

**(d)** If **“YES”** to **4b**, fill in the CIF, register, return test card, referral, Envelop. Give the test kit to the client and emphasize on returning the used test kit card to the collection box/ CBD’s collection points (CBDs to be directed on how to deal with data collection tools).

**(e)** Thank the client and assure them of your support

**Close the session by thanking the client for their time.**